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| 3.3.4 Number of students participating in extension activities at 3.3.3. above during the year Office of the Principal NJSA Govt. College, KapurthalaPhone: 01822-233581 E-mail: gckapurthala@gmail.com Website: [www.gckpt.com](http://www.gckpt.com) |
| **Sr.****No.** | **Name of the activity** | **Organising unit/ agency/ collaborating agency**  | **Name of the scheme** | **Year of the activity**  | **Number of students participated in such activities** |
| 1 | Training on IGOT by enrolled cadets was completed | NCC | Training on IGOT | 8.6.2020 | 30 |
| 2 | A motivational talk was organized for cadets on on the topic. ‘A talk on mechanized Forces’ | NCC | ‘A talk on mechanized Forces’ | 10.06.2020 | 25 |
| 3 | Motivational webinar series organized by EXPA for “Goal setting for professional and personal success | NCC | Goal setting for professional and personal success | 14.06.2020 | 25 |
| 4 | A question Bank was prepared for cadets in order to prepare them for competitive and ‘C’ certificate Exams | NCC | Preparation for competitive and ‘C’ certificate Exams | 20.06.2020 | 20 |
| 5 | International Yoga day was conducted by AYUSH MINISTRY digitally on the theme IDY 2020 ‘Yoga from Home’ | NCC | International Yoga day | 21.06.2020 | 14 |
| 6 | A poetical recitation activitywasorganised among cadets to celebrate National Constitution Day under the topic “what does constitution mean to me” in which 30 cadets participated | NCC | National Constitution Day | 06.11.2020 | 30 |
| 7 | Information was circulated among new students of college regarding enrollment & benefits of NCC and 37 students were enrolled through online mode. | NCC | Regarding enrollment & benefits of NCC | 10.11.2020 | 37 |
| 8 | Cadets also participated in webinar series “how to join the Defense Forces” on for their comprehensive all round development & Employability Training Program. | NCC | Online Webinar | 27.06.2020 | 35 |
| 9 | ‘Selection and training program for cadets’ organized an online inter Battalion Declamation contest on the topic –‘NCC is not about Uniform it is about Unity’ in which two cadets were shortlisted by Group Commander Brig. A. Madan. | NCC | ‘Selection and training program for cadets’ | 8.7.2020 | 02 cadets were shortlisted |
| 10 | A webinar on Building a standout Resume for cadets was conducted | NCC | Online Webinar | 12.07.2020 | 10 |
| 11 | online event a slogan writing competition was organized on topic “Health is Wealth” | NCC | Health is Wealth” | 17.07.2020 to 20.07. 2020 | 137 |
| 12 | 65 saplings of trees were planted at home and around neighborhood. | NCC | The Tree Plantation Pakhwada” | 13.07.2020. | 50 |
| 13 | Useful informative drill videos were shown through online institutional training on YouTube. | NCC | online institutional training | 23.07.2020 | 45 |
| 14 | A link was shared with cadets from Cadet Diaries on topic job interviews to teach them ‘How to be your Best’. | NCC | How to be your Best’ | 26.07.2020 | 44 |
| 15 | An “Atam Nirbhar Bharat” Awareness campaign was conducted through social media in which Poster Making, Slogan Writing, Essay& Article writing competitions were conducted. | NCC | An “Atam Nirbhar Bharat” Awareness campaign | 1.08.2020 to 15.08. 2020 | 140 |
| 16 | An online awareness Campaign on Fit India Movement was conducted by NCC from in which Activities like Yoga, Skipping, Exercise, Jogging & Cycling were performed. | NCC | online awareness Campaign on Fit India Movement | 15.08.2020 to 02.10.2020 | 110 |
| 17 | 30 cadets participated in ‘Fit India Freedom Run’ & total 60 KM distance was covered. DG NCC Training application was launched on in which Training Material was uploaded through an app which was of great help to cadets. | NCC | Fit India Freedom Run | 27.08.2020 | 30 |
| 18 | Under ‘Atam Nirbhar Bharat’ a webinar and for cadets was organized by NCC Wing of Chitkara University, | NCC | Fit India Quiz | 04.09.2020 | 10 |
| 19 | A Data Management Center was established at ADC Kpt office for contact tracing of covid patients at Kapurthala district in which cadets of the college performed field duty. | NCC | Tracing of covid patients | 08.09.2020 | 15 |
| 20 | An Inter Battalion RDC Competition for selection of cadets was held for Guard of Honor, Drills, Best Cadets & Cultural Program | NCC | Inter Battalion RDC Competition | 15.09.2020 | 08 |
| 21 | Cadets participated in a webinar on ‘New Education Policy’ by MHRD. | NCC | New Education Policy’ | 16.09.2020 | 49 |
| 22 | Best cadet Award competition was conducted on at HMV College, Jalandhar at Group Headquarter Level for academic year 2020 | NCC | Best cadet Award competition | 30.09.2020 | 05 |
| 23 | A tentative team was selected for guard of honour, Raj path RDC 2021 that gave an opportunity to the cadets to perform at higher level and 4 cadets were shortlisted. | NCC | Selection of Cadets | 01.10.2020 | 04 |
| 24 | DC Kpt Depti Uppal, ADC Kpt along with commanding officer Col. Hitesh Duggal visited Home Isolation control centre at District Administrative Complex, Kapurthala where cadets worked in data management cell as covid warriors. | NCC | visited Home Isolation control centre | 23.10.2020 | 30 |
| 25 | A webinar was conducted on enrollment module of new cadets of college. | NCC | enrollment module | 27.10.2020 | 50 |
| 26 | A vermicomposting unit was established in the Botanical Garden supervised by Prof. Dr. MeenaKumari along with other staff members of the department. | Zoology and Botany Department | Vermicomposting Unit | 24.11.2020 | 10 |
| 27 | Youth Parliament Webcast was conducted that gave an insight of the working of Parliament to the cadets. | NCC | Youth Parliament Webcast | 11.01.2021 to  12 .01. 2021 | 54 |
| 28 | District Level March past at Guru Nanak Dev Stadium, Kpt on occasion of 72nd Republic Day . NCC Incharge Prof. Nidhi Kanda alng with Cadets received awards from Punjab Govt. Cabinet Minster Sh. O.P. Soni and DC Kpt, Mrs. Deepti Uppal.. | NCC | 72nd Republic Day | 26.01.2021. | 62 |
| 29 | Six cadets were honoured for their voluntary services in Data Management Centre at ADC office,t | NCC | Maintenance of the data of COVID patients of Kapurthala district | Jan 2021 | 06 |
| 30 | Annual Training Camp was organized at Govt. Senior Secondary School (boys), Kpt that provided valuable information regarding ‘B’ & ‘C’ Certificate exams. Administrative Officer Col. Other institutions namely GSSS (Boys) Kpt, JNV Maseetan & Bebe Nanaki College Mithra Participated. | NCC | regarding ‘B’ & ‘C’ Certificate exams. | 18.01.2021 to 23.01.2021 | 110 |
| 31 | National Road Safety Month was celebrated In this series, a rally was organized by NCC make people aware about the road safety. ASI Gurbachan Singh made the cadets aware regarding basic safety rules of Traffic. | NCC | “Sadak Suraksha Jeevan Raksha”. | 18.01.2021 to 17.02.2021 | 20 |
| 32 | Cadets participated in ‘Pulse polio Abhiyan” organized by Civil Hospital, Kpt. 62 cadets participated along with Nurses & Doctors and they administrated Polio Drops to kids under five years of age. | NCC | ‘Pulse polio Abhiyan’ | 31.01.2021 to 02.02.2021 | 62 |
| 33 | A program was organised to spread awareness about Cleanliness by Maintenance and Cleaning of the Statue of Lt. AI/Capt. Jhaggar Singh at Railway Road, Kpt | NCC | Cleanliness Maintenance and Cleaning of the Statue of Lt. AI/Capt. Jhaggar Singh | January 2021 | 30 |
| 34 | 20 NCC cadets of the college alongwith other cadets served as covid warriors and they assisted Kapurthala Civil Administration. They played pivotal role in providing emergency health support services to covid patients from their homes under supervision of Senior Medical Officer of Kapurthala from the last week of March 2021 to first week of May 2021. Approximately 400 covid patient’s list was provided to them by SMO, Kpt and each cadet was supposed to contact patients assigned to them on mobile in a given time frame. | NCC | health support services to covid patients by NCC Cadets | March 2021 | 20 |
| 35 | written& practical exam of cadets was held for ‘C’ Certificate at Lyallpur Khalsa College, Jalandhar. | NCC | C Certificate Exam | 07.03.2021 | 29 |
| 36 | Practical & written exam for ‘B’ Certificate of Cadets was held on at Sainik School, Kapurthala. | NCC | B’ Certificate Exam | 14.03.2021 | 21 |
| 37 | An Online institutional training was imparted to NCC cadets through YouTube links and NCC related drill practice videos were shared | NCC | Training of NCC Cadets | 23 .05.2021 and25.05. 2021 | 30 |
| 38 | An event organized by 21 Pb. Bn NCC, Kpt on ‘Cleaning of Statue’ ShaheedBhagat Singh’s statue was cleaned at ShaheedBhagat Singh Chowk, Kpt. Battalion Staff & Police Officers of Kpt were also present in the occasion | NCC Cadets | Cleaning of Statue’ ShaheedBhagat Singh’s statue | 13 .04.2021 | 10 |
| 39 | RDC Training Camp was conducted at NCC Academy, Ropar for final selection in which cadet from AmarjotKaur participated. | NCC | RDC Training Camp | 19.11.2020 to 29.11.2020 | 01 |
| 40 | NCC boy cadets were deployed for maintaning the Data Management Centre established at DC office (Dist. Adm. Complex), Kpt for telephone counselling of COVID-19 positive patients & their contacts to prevent & control of spread of corona virus. | NCC | Telephone counselling of COVID-19 positive patients | 5.04.2021. | 10 |
| 41 | National Cancer Awareness Day was conducted through online poster making competition, in which 40 cadets participated aimed to spread awareness among masses through social media. | NCC | National Cancer Awareness Day | 07.11.2020 | 40 |
| 42 | 3 NCC Girl cadets of the college participated in training & coaching programme provided by District Administration, Kpt at DC Office. They attended almost 2 months coaching classes’ concluded on Training includes free computers courses, Patwari coaching along with nominal registration fee. This initiative was taken by DC, Kpt.(Madam DeeptiUppal) | NCC |  | 30.04.2021 | 03 |
| 43 | 40 cadets received certificate of Participation in RashtraGaan, an initiative by the Ministry of Culture to mark ‘Azadi Ka Amrit Mahotsav’ |  | Ministry of Culture to mark ‘AzadiKaAmritMahotsav’ |  | 40 |
| 44 | A Blood Donation camp was organised on at civil Hospital, Kapurthala to celebrate NCC Day in which cadets donated blood and inspired others to do the same. | NCC | Blood Donation camp | 28.11.2020 | 10 |
| 45 | Action Plan under ‘SwachhtaPakhwada’ Digital Forum was formed on NCC website to upload events like videos, Pictures & other activities performed by NCC Volunteers in which Essay Writing on ‘What can I do to clean my city’, Poster Making on ‘Cleanliness’ and speech on ‘Plastic Waste Management’ were held | NCC | SwachhtaPakhwada’ | 01.12.2020 to 15.12.2020 | 42 |
| 46 | Cadet AmarjotKaur BA 3rd Sem. Attended Pre RDC-I at NCC Academy Ropar | NCC | Competition | 10.12.2020 to 19.12.2020. | 01 |
| 47 | In a district level competition organised by Shooting Academy KPT | NCCG.D. Goenka International School KPT | Competition | 08.02.2021 | 105 NCC Cadets won Medals in which Dalip Kumar and Priya Gill won Gold Medals among other 100 participants, while three more students of college won Silver Medals |
| 48 | Article, “Personal Experience in the NCC” on Digital forum after duly vetted by the commanding officer Col. Hitesh Duggal of the Unit .. | NCC | Personal Experience in the NCC” | 04.06.2021 | 12 |
| 49 | IDY 2021 was celebrated under the theme “Be with Yoga, Be at Home’ | NCC | Be with Yoga, Be at Home’ | 21.06.2021. | 15 |
| 50 | online International Day of Yoga (2021) Quiz and got certificates of participation by Ministry of AYUSH& My Govt. | NCC | online International Day of Yoga (2021) QUIZ | 21/062021 | 26 |
| 51 | NCC Cadets registered themselves on the gallantry Award Portal & also took pledge and paid tributes to the martyrs | NCC | Registration on the Gallantry Award Portal | 20.02.2021 | 117 |
| 52 | “Integrate and Encourage Yoga through Life” pledge in online mode, on the occasion of the 7th International Day of Yoga & got certificates as well | NCC | Integrate and Encourage Yoga through Life” pledge | 21.06.2021 | 32 |
| 53 | An online Nukkad Natak on the topic ‘Save the Earth, No Use of Plastic” was performed by the cadets from homes while staying safe and uploaded its video on the website. | NCC | Save the Earth, No Use of Plastic” was | 01.06.2021. | 42 |
| 54 | An online lecture was conducted through Cova-App to spread awareness against covid -19 | NSS | spread awareness against covid -19 | 22.07.2020 | 35 |
| 55 | on ‘EK Bharat Shreshtha Bharat ‘ an online webinar | NSS | ‘EK Bharat Shreshtha Bharat ‘ | 31.07.2020 | 35 |
| 56 | A campaign has been started under mutual efforts of UNICEF and Punjab Government through which young generation can give their feedback on given Whatsapp No. 9650414144. In this series an online lecture was conducted and NSS volunteers and officers encouraged NCC cadets and other student to participate in it. | NSS | A campaign under mutual efforts of UNICEF and Punjab Government | 04.09.2020 | 80 |
| 57 | Teacher‘s day NSS volunteers delivered speeches and made online posters | NSS | Teachers day | 05.09.2020 | 65 |
| 58 | An online survey was conducted on the Mission Pride of Punjab initiated by Unicef on instructions were issued regarding ‘ No Burning of Straws’ after the harvest through Whatsapp groups and students were encouraged to help the Agriculture Department by not burning straws after harvest. | NSS | No Burning of Straws’ | 22.10.2020 | 32 |
| 59 | A further survey was conducted on the Mission Pride of Punjab by UNICEF & Govt. of Punjab | NSS | Mission Pride of Punjab | 27.10.2020 | 65 |
| 60 | National Unity day was celebrated virtually via Zoom App  | NSS | National Unity day | 31.10.2020 | 67 |
| 61 | A special online weekly lecture is being taken every month In this series 38 Senior Buddies and almost 1000 students were linked online on and they discussed about Drug Addiction among youngsters. | NSS | DAPO/BUDDY/SWEEP | 03.02.2021 | 1000 |
| 62 | Under Mission “ Pride of Punjab” a video conference was held on the topic “How to enhance the skills and capabilities of the Youth” motivating them to use modern technology effectively, in which Mr. K. Shiva Prashad, Chief Secretary Sports & Youth Services Govt. of Punjab joined as a chief guest. They will inspire young generation to participate in different activities with the support of UNICEF, Mission Fateh& YUVA, Around Glass Foundation, Govt. of Punjab. On this occasion Sh. D.P.S. Kharbanda along with District Administration and the Principals of Schools and Collegesassured all possible support under mission “Pride of Punjab”. | NSS | Mission “Pride of Punjab” | 27.11.2020 | About 65 |
| 63 | Information was shared with students to aware them about cyber-crime while an online lecture and Quiz Competition were held in which 10 students participated to celebrate National/ Constitution Day | NSS | Awareness them about cyber-crime | 24.11.2020 and 26.11.2020. | 10 |
| 64 | International women’s day was celebrated in college under women’s day theme online Poster making & Slogan writing activities were also conducted. | NSS | International women’s da | 8.03.2021 | 30 |
| 65 | ‘Poshan Pakhwada’ was celebrated by NSS wing in which online activities were conducted. The students planted saplings for a healthy environment. Under ‘Poshan Pakhwada’ online Poster Making & Slogan Writing activities were conducted under theme Healthy and Balanced diet. With the students support online discussion was conducted to spread awareness about Covid-vaccination. | NSS | Poshan Pakhwada’ | 16.03.2021 to 31.03.2021 | 30 |
| 66 | An online essay writing competition was conducted to celebrate International Day of PWDs and an Awareness Campaign was done to make correction in voting lists. | NSS | Awareness Campaign | 19.11.2020 | 19 |
| 67 | An online lecture was conducted by N.S.S. wing of the college under the guidance of Prof. Happy Kumar and Prof. Sneh Sharma to celebrate National Unit Day in which around 25 students participated. Another online lecture was organised to celebrate Vigilence Awareness Week-2020 on 11.11.2020 and online poster making and slogan writing competitions were held under SVEEP. | NSS | SVEEP. | 03.11.2020 | 25 |
| 68 | Prof. Happy Kumar of Punjabi Deptt. Who is District Level Master Trainer of DAPO trained Dist. Level cluster Co-ordinators of DAPO/Buddy group. | NSS | -- | 11.01.2021 | 00 |
| 69 | Online Poster Making Competition on the birth anniversary of Swami Vivekanand as “Yuva Divas” | NSS | birth anniversary of Swami Vivekanand as “Yuva Divas” | 12.01.2021 | 08 |
| 70 | A special weekly lecture is being taken every month under Buddy/DAPO/SWEEP. 38 Senior Buddies and almost 1000 students were linked on Google meet and the topic of discussion was Drug Abuse. | NSS | Lecture on Drug Abuse | 23.01.2021 | 1038 |
| 71 | Online Speech Declamation Contest was conducted on the topic “Safety Month”. Students also participated in Online Poster Making Competition conducted on under Safety Month. | NSS | Safety Month | 18.01.202125.01.2021 | 45 |
| 72 | A function was organized for the promotion of Sub. Maj. Jarnail Singh &Farewell of Sub. Avtar Singh of the Unit onat unit location. | NCC (Held at HMV Jalandhar) | Farewell and Promotion party | 23.02.2021 | 03 |
| 73 | Pulse Polio campaign | NSS | Pulse Polio campaign | 31.01.2021 to 02.02.2021. | 57 |
| 74 | An online webinar was conducted in which topic of discussion was how Drugs are affecting the Youth and they also discussed its prevention measures | Buddy/ Dapo. | Buddy/ Dapo. | 05.04.2021 | 30 |
| 75 | Campaign under Pride of Punjab | Pride of Punjab | Pride of Punjab | 07.04.2021 | 35 |
| 76 | An online Slogan Writing and Poster Making Competition was conducted on to commemorate birth anniversary of Dr. BhimRaoAmbedkar . | NSS | Birth anniversary of Dr. BhimRaoAmbedkar | 26.04.2021 | 07 |
| 77 | National Level Online Competition 2020 on Environmental Issues List of Events : 1)Declamation 2) Poster MakingDeclamation Topics :a) Impact of COVID-19 pandemic on educationb) Immunity booster medicinal plantsc) Global lockdown and revival of earth’s lost gloryPoster Making Topics :a) Environment sustainability using green technologyb) Climate Change Disasterc) Lifestyle choices that affect the environmentd) Integrated water resource managemente) COVID-19’s impact on health and its safety issues | Department of Botany | National Level Online Competition 2020 on Environmental Issues | 13.07. 2020 to 28.07. 2020 | Poster Event =127Declamation Event = 36 |
| 78 | Online Lecture on “ How to cope up with Mental Stress” Resource person : Mr. Ranjit Kumar (Physical Education He made aware the students, how to remain stress free during COVID-19 Pandemic He also discussed about various exercises to cope up with mental stress | Botany Department and Physical education | Online Lecture | 27.10. 2020 | 120 |
| 79 | Online Webinar on “How to Live in Post lockdown Period” Organised by : Botany department in collaboration with InnerWheel Club Kapurthala Resource Person : Dr. SurjitKaur , Gynaecologist. She dicussed in detail about various myths, precautions and harmfull effects of Covid-19 Panademic | Botany department in collaboration with InnerWheel Club Kapurthala | Online Webinar | 30.07. 2020 | 70 |
| 80 | online quiz competition conducted by chief election officer Punjab | Chief election officer Punjab |  |  | 05 |
| 81 | Vermicomposting unit was set up | Zoology department | Vermicomposting unit | 24 .11. 2020 | Due to COVID -19, 5 teachers and 5 members of laboratory staff participated. |
| 82 | National Level Online Quiz Competition Quiz was entirely based upon the topics which were mentioned in their syllabus. Students of B.Sc. Medical from various states of India , UP, MP,WB, AP, Rajasthan,Maharashtra, Uttrakhand, Punjab, Harayana participated. | Botany Department | National Level Online Quiz Competition | 28 .12. 2020 | 259 |
| 83 | International Yoga Day 2021 Organised by : Department of Botany and Red Ribbon Club Resource person: Mrs. Rekha (Physical Education ) Theme : “Yoga : Types, Methods and Benefits She discussued in detail about the various kinds of yoga asanas and its benefits. She also gave live demonstration about the exact technique to do yoga asanas | Botany and Red Ribbon Club | International Yoga Day 2021 | 18.06.2021 | 75 |
| 84 | Online Lecture on “World Environment Day” Theme : Ecosystem Restoration Organised by : Department of Botany Dr. Meena Sethi delivered a lecture on “Environmental Challenges to Restore the Ecosystem”. Students of B.Sc. Medical Ist year, IInd year and IIIyear actively participated in this event and also planted the trees in and around their homes. They planted Ocimum (Tulsi), Azadiarchta (Neem), Ajwain ,Tinospora (Giloy), Kalanchoe, Catharanthus , Citrus(Orange), Money Plant etc. | Botany Department | Ecosystem Restoration | 5.06.2021 | 50 |
| 85 | Poster competition on AIDS Awareness | Botany Department | Poster Competition | 25.01. 2021 | 30 |
| 86 | Botany Department organized a field visit . Teachers and Laboratory Staff visited to the fields of Wheat , Maize , Sugarcane, Potato and Sugarcane Jaggery formation unit.Dr. Meena Sethi also uploaded a video on youtube channel about the “Process of jaggery formation” on 10th April 2021 | Botany Department | Field Visit | 05.04. 2021 | Due to COVID -19, total 5 teachers and members of laboratory staff participated. |
| 87 | Online webinar on “Nursery Techniques” and “Plant Pest Interactions” Resource person : Manpreet KaurShergill , Horticulture Development Officer in Department of Horticulture Punjab Organised by : Department of Botany and Zoology under the aegis of Mission Tandarust Punjab Resource Person discussed various techniques of raising plants from seeds and vegetative propagules She also gave a detailed information about the protection of plants from various kinds of pests. | Department of Botany and Zoology under the aegis of Mission Tandarust Punjab | Mission Tandarust Punjab | 29.01.2021 | 100 |
| 88 | An online poetry recitation competition was conducted to commemorate 400th Birth Anniversary ofShri Guru TegBahadurJi . Students presented their poems about the life, teachings and renunciation of Shri Guru TegBahadurJi. | History And Punjabi Department | 400th Birth Anniversary ofShri Guru TegBahadurJi . | April 2021 | .20  |
| 89 | To commemorate the 400th Birth Anniversary of Sri Guru Teg Bahadur Ji, an online webinar In this webinar Dr. Charanjit KaurAssociate Professor Deptt. Of History, A.S.S. Memorial Guru Nanak Dev University College, Mukandpur participated as a Resource Person and she shared her views on Life and Teachings of Sri Guru Teg Bahadur Ji. | History Department | 400th Birth Anniversary of Sri Guru Teg Bahadur Ji | 25.02.2021 | 40 |
| 90 | To commemorate 75th Independence anniversary of India an online patriotic song recitation competition was conducted. | Music and History Department | 75th Independence anniversary of India | 02.06.2021 to 30.06.2021 | 21 first three positions were rewarded with certificates |
| 91 | On the occasion of national Voters Day & republic Day an Inter College Online Quiz was conducted jointly by History & Political Science Department on the topic Indian Electoral System and Indian Constitutions. | History in collaboration with Politcal Science Department | National Voters Day & republic Day | 26.01. 2021 | 150 |
| 92 | Online Essay Writing Competitions were conducted to commemorate 75th Independence Anniversary of India In the first week of the month “Essay Writing Competition” was conducted on the theme “Contribution of Mahatma Gandhi in the independence of India. | History Department | 75th Independence Anniversary of India | 03.05.2021 | 11 |
| 93 | Essay Writing Contest was organised and remembered the sacrifice of In the third week, under the theme, “The role of women in freedom struggle”, an essay writing competition was conducted in which 6 students participated and Great women of India like Vijay Lakshmi Pandit, Aruna Sharif Ali, Sarojani Naidu and Ms. Nivedita were remembered for their role played in the freedom struggle of India. | History Department | The role of women in freedom struggle | 10.05.2021 | 19 |
| 94 | An online function was organized in which 10th edition of magazine “ARAMBH” and a book “Phullan Di Fasal” penned down by Dr. Sukhpal Singh Thind . | Punjabi Department | 10th Edition of “ARAMBH” | 19.11.2020 | 07 Staff Members |
| 95 | To continue this during the 4th week 10 students participated in Essay writing competition under the theme “GadarMovement” in which they described this movement and talked about Indian revolutionaries that how they started this movement on a foreign soil and their contribution in the freedom struggle of India. | History Department | “Gadar Movement” | May 2021 | 10 |
| 96 | “Punjabi Saptah” was celebrated under the theme “Mother Tongue” in which essay writing competition was organised through online Whatsapp mode. | Punjabi Department | Punjabi Saptah” was celebrated under the theme “Mother Tongue” | 19.11.2020 | 60 |
| 97 | Through Whatsapp mode, an online essay writing competition was conducted on the topic Preachings of Sh. Guru TegbahadurJi in which all the participants were given certificates. | History Department | Preachings of Sh. Guru TegbahadurJi | 26.11.2020 | 10 |
| 98 | An online Slogan writing competition was organised to commemorate National Constitution Day on the topic fundamental rights, Right to vote and Fundamental duties | History and Poltitical Science Department | topic fundamental rights, Right to vote and Fundamental duties | 26.11.2020 | 25 |
| 99 | To commemorate the 400th Birth Anniversary of Shri Guru TegBahadurJi, online Inter College Quiz Competition | History Department | Quiz Competition | 23.12.2020 | 153 |
| 100 | An online webinar was conducted to commemorate the 75th Independence Anniversary of India under the theme ‘Azadi da AmritMahotsav’. On this occasion Prof. Dr. ChanderKanta Head of the Department delivered a detailed lecture about the struggles of freedom fighters of India. Madam RashmiVirk of History department also talked about Non-Violence movement of Mahatma Gandhi. | History Department | Azadi da AmritMahotsav’. | 12.03.2021 | 40 |
| 101 | online Essay Writing and Slogan Writing competition | Philosophy Department | International Women’s day | 8.03.2021. | 28 |
| 102 | On the occasion of International Mother Language Day and to commemorate the birth anniversary of PadamBhushan Author Sh. Kartar Singh Duggal, an online Inter College Quiz Competition was organized at VirsaVihar, Kapurthala | Punjabi | Quiz competition | Feb 2021 | 05. |
| 103 | Celebrated world environmental day motivated the students to grow and own the plants.She also appreciated the efforts of Dr.Meena Sethi(Head of botany department), Miss Sunita Suman(lecturer in botany) and Students. .During this programme students were made to learn “how they can grow and propagate plants easily at home.”and highlighted he harmful effects of deforestation and biomedical waste generated during COVID-19 pandemic | Department of botany and red ribbon club | World Environment Day | 5.06. 2021 | 56 |
| 104 | Online webinar on on the topic ‘Yoga:Types,Methods and Benefits’ sed the webinar. Madam Rekha from physical Education Department delivered the lecture with online demonstration of pranayama, she also explained various types of Yoga asanas delivered vote of thanks .On 21st June,Students performed Yoga at home. | Botany department in collaboration with Red Ribbon club Kapurthala | topic ‘Yoga:Types,Methods and Benefits’ | 18.06. 2021 | 60 |
| 105 | Daman Kumar B.A I participated inBody Building Competition on 07.03.2021 and got 2nd position in senior Mr. Punjab in Jalandhar. He got selected in top 10 performers in 11th Junior National Mr. India which was conducted by Punjab Amateur Body Building Association on. In another Body Building Competition at Gobindgarh on 28.03.2021 he won Mr. Punjab championship. | Physical Education Department | Competition  | 07.03.2021 | got 2nd position in senior Mr. Punjab in Jalandhar |
| 106 | A state level online quiz competition was organized by the dept. of Physical. Education On to commemorate Birth Anniversary of Major Dhyan Chand | Physical Education | Birth Anniversary of Major Dhyan Chand | 29.08.2020 | 410 |
| 107 | Lecture on various events organized by ‘Healthy Punjab’. | Physical Education | Extension lecture | 27.10.2020 | 45 |
| 108 | A National level Poster Making and Article writing competition was held. students from National & International Institutions participated. The results were announced on 20.08.2020 and the winners were awarded with certificates of Excellence as well as all the participants were awarded certificates of Appreciation. | Department of English and department of Chemistry | National level Poster Making and Article writing com | 28.07.2020 | 600 |
| 109 | A National level Online Poster Making competition was organized on the topic ‘AtamNirbhar Bharat’ in which 110 students participated and E-Certificates were awarded to all the participants and top 3 entries got certificate of Excellence | Economics department | AtamNirbhar Bharat’ | 30.07.2020. | 110 |
| 110 | On 18.09.2020 a webinar was organized with cooperation of ICFAI office, Jalandhar in which 150 students got registered and participated in which Ms BhavanaChabra IBS, Gurgaon enlightened students on career opportunities. | Career Counselling And Guidance Cel | Awareness on Career opportunities | 18.09.2020 | 150 |
| 111 | On the instructions of Honour able Chief Minister Punjab, Job Melas were held at various places in Punjab In Job Mela held at Kpt District about 230 candidates got registered at PGRKAM | Career Counselling And Guidance Cell | Job Mela- GharGharRozgar | September 2020 | 230 |
| 112 | To commemorate the birth anniversary of the father of nation Mahatma Gandhi, an essay writing and slogan writing competition was organized. | History Department | birth anniversary of the father of nation Mahatma Gandhi, | 02.10.2020 | 33 |
| 113 | An event of Slogan writing on Guru TegBahadurJi was conducted, 6 students of the department of history took part and wrote slogans about the martyrdom, hymns and nature of Guru Sahib. | History | Slogan Writing Competition | 04.10.2020, | 06 |
| 114 | To commemorate the 400th Birth Anniversary of Sh. Guru TegBahadurJi, an online webinar was organized The main speaker for the Webinar was Prof. Dr. BalwinderjitKaurBhatti former head Department of Punjab Historical Studies, Punjabi University, Patiala. Dr. Bhatti spoke on ‘Life and Philosophy of Guru TegBahadurJi’. | History | Webinar | 06.08.2020 | 60 |
| 115 | A college level essay writing competition was conducted to commemorate 400th Birth Anniversary of the Guru. Online Quiz | History Department | ‘Life and Contribution of Guru TegBahadurJi’ | 14.07.2020 | 25 |
| 116 | In the month of August a State Level Online Quiz competition was organized in the series of 400th Birth Anniversary celebrations of Sh. Guru TegBahadurJi | Deptt. of History | Online Quiz Competition | 01.08.2020 | 253 |
| 117 | An online state level Quiz Competition was conducted by the department of Economics on the theme “Union Budget 2021-22” | Economics | Union Budget 2021-22” | 10.02.2021 | 70 |
|  | **Total**  | **117** |  |  | **8261** |

 Principal

 N.J.S.A. Government College

 Kapurthala